



Child's Play Occupational Therapy, PLLC
1695 Allen Glen Road Owego, NY 13827
Ph. 607.725.7420 Fax 607.687.4249
Email: ChildsPlayOT@gmail.com
Visit us at
www.ChildsplayOT.squarespace.com

Child's Play OT Infant Checklist 6 weeks-3 months

Observed

Not Observed

- tolerates being on tummy
- holds head up during tummy time
- shows improved control of arm/leg movements
- bears weight on legs with support
- sits with support
- brings hands to mouth
- smiles
- is starting to coo, gurgle, and babble
- sucks on thumb or fingers to self-soothe
- calms easily
- puts everything in mouth
- watches moving objects
- shows interest in toys and faces; makes eye contact
- responds to and turns toward sounds
- able to breastfeed or bottle feed without difficulty
- beginning to gradually sleep through the night

Please elaborate on any of the above listed items below:

If you have any questions or concerns with your child's development, please feel free to contact Child's Play OT or request an evaluation through the Early Intervention Program at your County Health Department



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Child's Play OT Infant Checklist 3 months- 6 months

Observed

Not Observed

- rolls from back to side
- rolls from back to stomach
- sits with hip support
- tolerates being on tummy
- pushes up onto arms or into all fours position
- is commando crawling
- muscle tone appears "rigid" or "floppy" in nature
- curls toes and/or clenches fists
- transfers objects from one hand to another
- reaches for objects of interest
- shows interest in toys & people
- smiles; shows affection
- will make eye contact; study one's face
- learning cause and effect
- calms easily
- breastfeeds easily and/or bottle feeding with ease
- tolerates purees
- tolerates diaper changes
- tolerates different kinds of clothing (fabrics, textures)

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Child's Play OT Infant Checklist 6 months- 12 months

Observed

Not Observed

- sits without support
- can easily roll; shows good head control
- crawls on all fours
- beginning to cruise (walk along furniture while holding on)
- starts to imitate clapping hands
- expresses affection
- continues to babble and make noises
- continues to put everything in mouth
- grinds teeth (not observed is preferred)
- tolerates different textured foods; not only soft
- drinks from cup independently
- will take regular naps; no difficulty going to sleep
- tolerates clothing, tags, socks, fabrics
- tolerates being touched, hugged, picked up
- walking (latter age range)
- talking (latter age range)
- begins to play alongside peers (latter age range)

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Child's Play OT Infant Checklist

12 months-18 months

Observed | Not Observed

attempts new things easily

takes reasonable risks during play

appropriate hesitation to strangers

.....

If two or more of
 these items are
 observed...

Please consider
 referral to OT
 Services under
 Early Intervention

leans into things and/or other people

will spin self frequently and/or intensely

short attention span; very busy

is classified as a "biter"

continues to put everything in mouth

grinds teeth

sensitive to certain clothes; tags, socks, fabrics

does not like to be touched, hugged, picked up

covers ears during loud noises (fans, toilet flush)

concrete thinking; everything done in precise ways

becomes upset when routines are disturbed

sudden emotional outbursts over something minor
 get easily overwhelmed by busy patterns (on
 clothing, artwork on walls) or in busy environments

***6-12 months latter age range also pertains**

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